



ADULT FAITH FORMATION

RCIA – ADULT EDUCATION – BEREAVEMENT MINISTRY

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AFFLAC – A d u l t F a i t h o r m a t i o n : L e a d e r s h i p h i n g C a t e c h e s i s

January 17, 2010



Some Spiritual Reflection.....

One of my New Year's resolutions is to try to do more spiritual reading and reflection in this coming year.

While reading Fr. Joe Breighner's book, "Does it all Make Sense?" I came upon his Ten Commandments of Self Love, written so as to help us believe that thinking the best of others comes from thinking the best of ourselves first.

I'd like to share the first 5 of his 10 commandments with you this week and the other 5 next week.

1. *You shall love yourself because your self is a part of God's self. You have been made in the image and likeness of God. Love yourself because you are a reflection of God.*
2. *You shall love yourself even if someone else does not love you. We humans can make weak and fallible judgments. God, however, is infallible and He loves with an eternal love.*
3. *You shall love yourself even if you fail or sin. Guilt is meant to be a reminder of failure, but it is not a state we are meant to live in. Learning from the past and changing our attitudes and behaviors make us more like God than wallowing in guilt.*
4. *You shall love yourself more than your fears. Fear will steal life from you. God wants you to have the fullness of life. Faith is stronger than fear.*
5. *You shall love yourself in times of despair. Feelings of despair will pass if we cling to hope in God who will last forever.*

(To be continued next week.....)

"HELPING HANDS" MINISTRY –

Our "Helping Hands" Team members assist with set-up, serving, take down and clean-up, when a luncheon reception is requested after a funeral. We are always in need of additional "hands."

If you can assist in any way, please call Pat Pool, at 410-796-5876.



BEREAVEMENT MINISTRY

We believe no one should grieve alone. One-on-one bereavement counseling is available.

Call Mary Jane @ 410-564-2395.

We also offer two 6 – week Support Groups a year – one in the Fall and another in the Spring. Watch this space for dates and times.



BIBLE STUDY GROUPS:

FRIDAY MORNING BIBLE STUDY

9:30 AM, Friday mornings in the Burke Wing

WOMEN'S BIBLE STUDY SERIES: Sunday

evenings. Call Cathy Carlin (410-796-8150)

PARISH PRAYER CIRCLE –

"Evening and morning and at noon, I will pray, and cry aloud, and He shall hear my voice"

Psalm 55:17



Our parish "Prayer Circle" now consists of 34 wonderful people, who pray for the needs of our parish family. Anyone may call or email in a petition to our Prayer Circle Coordinator, Frank Stanitski at fspsosjs@verizon.net or 410-796-4582.

Through prayer, we provide added hope to our parishioners who are struggling with illness or death in their families, as well as other challenges such as unemployment or addictions.

RCIA – 2010

Rite of Christian Initiation of Adults

RCIA meets today, January 17th.

We continue our study of the sacraments today, with a focus on the Sacraments of Commitment – Holy Orders and Matrimony. Please remember all of our

Candidates in prayer, as they continue their journey of faith with us.

