

From The Pastors Desk

Lenten Regulations for Fast and Abstinence

ABSTINENCE: All persons who have completed their fourteenth year are bound by the law of abstinence.

FAST: All adults are bound by the law of fast from the beginning of their nineteenth year up to the beginning of their sixtieth year.

EXPLANATION: The law of *abstinence* means that a person is bound to abstain beginning the day after one's fourteenth birthday. The law of *fast* means that adults are bound to fast from the day after their eighteenth birthday until the end of the day of their fifty-ninth birthday.

APPLICATION: The law of abstinence forbids the eating of meat and food prepared with meat or meat by-products. The law of fast allows only one full meal and two lighter meals in the course of a day, and prohibits eating between meals.

In the United States, Ash Wednesday and Good Friday are days of fast and abstinence. All other Fridays of Lent are days of abstinence only.

EXCEPTIONS: Women who are pregnant and persons who are sick are not bound by the law of fast.



Celebrants Next Weekend

- Saturday, Feb. 27, 4 PM- Fr. Bill Spacek
- 6 PM- Fr. Bill Spacek
- Sunday, Feb. 28, 7 AM- Fr. Phil Brown
- 8 AM- Fr. Phil Brown
- 9:15 AM- Fr. Gerry Bowen
- 10:45 AM- Fr. Gerry Bowen
- 12:15 PM – Msgr. Chet
- 5:00 PM – Fr Gerry Bowen

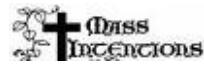


FEBRUARY 21, 2010 THE FIRST SUNDAY OF LENT

Please pray for all our faithful departed
May they rest in peace with the Lord Jesus.

Please include the sick of our parish in your prayers that they may experience Christ's comfort and healing.

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| Jesse Albright | Shirley Lauer |
| Dolores Burton | Sean McCann |
| Norris Bush | Colleen McDowell |
| Mary Cugle | Robin Miller |
| Lawrence Davenport | Diane Morrison |
| Lee Duerr | Raymond Mox |
| Robin Duff | Kate Murphy |
| Robert Fabian | John Murray |
| Frances Gick | Cecelia Nedzel |
| Mae Grabowski | Charles Neubauer |
| Jerry Hansen | Maria Pittas |
| Kendra Hendrickson | William Preston |
| Helen Hitchcock | Julia F. Sablows |
| Agnes Jaeger | Bruce Schutt |
| MaryEtta Jeske | Jennifer Soverns |
| Frances Jones | James Stephens |
| Anna Johnson | Colson Tackett |
| Kathy Johnston | Raquel Tenaglia |
| Robert Judge | |
| Bissett Koesterer | |



For The Week of

Sunday Feb. 21	7:00 am	Parishioners
	8:00 am	Roman Kulczycki
	9:15 am	Charles H Day
	10:45 am	Bernardo Repuyan
	12:15 pm	Barbara Dorsey Prisco
	5:00 pm	Benjamin Coffey
Monday	7:00 am	Ed Shilling
Tuesday	7:00 am	Salvatore & Julia Xifo
Wednesday	7:00 am	Michael & Maryanne Roszkowski
Thursday	7:00 am	Stanley Kowalski
Friday	7:00 am	Donald Jackson
Saturday	8:00 am	Mark Daives
	4:00 pm	Frank Michael
	6:00 pm	Al Griffith
Sunday Feb.28	7:00 am	Ray Grabowski
	8:00 am	Frank Scallio
	9:15 am	Parishioners
	10:45 am	Brian Bowen
	12:15 pm	Frances Miller
	5:00 pm	Harry McDonnell

SENIOR LUNCHEON

This Tuesday Feb. 23, 11:30 am - 2:00 pm
Cream of Green Bean and Ham soup.
Ravioli and Garlic Bread
Bingo following the lunch.

THE CODDIES ARE HERE!

Today Sunday Feb. 21, Miss Ruth will be selling homemade Cod Fish Cakes after all of the Sunday Masses during Lent (**except 5 PM**).
\$13 dozen and \$7 ½ dozen
(includes mustard & crackers)



PARISH LENTEN SCHEDULE

Daily Mass - 7 AM Monday thru Friday;
8 AM on Saturday
Adoration of the Blessed Sacrament –
Thursday 7:30 AM to 12 Noon.
Sacrament of Reconciliation - Wednesday 7 PM
Stations of the Cross - Friday 7 PM

BOY & GIRL SCOUTS

Because of the snow, the local Cub Scouts & Girl Scouts were unable to go door to door to collect can goods for their annual Scouting for Food program. If you would like to participate, there are Scouts out in the plaza with bags. we ask that you take a bag and fill it up with any nonperishable food or personal hygiene products like toilet paper, toothpaste, toothbrush, deodorant, soap, etc., then bring the filled bag back to church the following week of March 6-7. The boys & girls will collect the bags at each mass and take it to the local food bank. Thank You.



SENIOR MINISRTY COLLECTION

This will be the second collection next weekend, February 27 and 28. The money from this collection is used to support the Senior Luncheons and projects in our parish.

THE GIFT OF TREASURE

For the weekend of Feb. 14, 2010

With gratitude for the gifts they have received, parishioners, and visitors made a joyful return to the Lord of the following:

	Current	YTD
Offertory Collection/Holy Days	\$ 17,378.09	\$ 507,521.07
Maintenance/Youth/Qtrly/Senior	3,407.00	\$ 66,263.32
Budgeted Amount Needed:	14,590.72	\$ 603,867.06
DIFFERENCE	\$ 6,194.37	\$ (30,082.07)

This is based on the fiscal year, which begins July 1, 2009 and ends June 30, 2010

knights of columbus



Fish Fry Dates

February 26 March 12 March 26
FROM 5 PM UNTIL 7 PM

MENU

Fried Fish & Grilled Cheese & Pancakes
Clam Soup, applesauce, French fries

COST: \$5.00 AND UP DEPENDING ON YOUR SELECTION

Happy New Year!

On behalf of the children of St. Vincent's Center, we would like to thank you for your generous donation of \$337.17, toys and clothing that we received for our 2009 holiday campaign. We are incredibly blessed to have the love and support of so many people who helped to create such a fabulous experience for the children. Thank you so much for being some of those amazing people.

ARCHBISHOP'S ANNUAL APPEAL

The "In-pew appeal" will take place this weekend. You will have an opportunity to make your contribution/pledge if you have not already done so. The recent snows have rearranged all our schedules! We would like to thank everyone who has responded to the appeal letter you received in the mail. We appreciate your help and caring.

OUR DAILY BREAD

Next drop off date for casseroles will be next Saturday, February 27 from 9 am - 10 Thanks, in advance, for your assistance with this very important service.

"THE "WORD AMONG US"

Some copies of this Daily Meditation for Lent are still available in the vestibule of the Church. This booklet is free.